BIO:

Sarah Beckman is an author and [speaker](http://sarahbeckman.org/speaking), living in Albuquerque, NM with her husband, Craig, of 24 years. They have three delightful children ages 15, 17, and 20.  Her experience on both sides of the “bed”—both being helped and helping others—provide her authentic viewpoint for her book, [Alongside](http://www.alongsidebook.com/).  When she’s not writing or speaking, you might find her in the kitchen creating something to share with a “neighbor” in need. Her passion for loving her neighbor has fueled her life and ministry for over 10 years, giving her the opportunity to address audiences across the country. She has a B.A. in Journalism from the University of Wisconsin-Madison and also works as a communications coach and corporate trainer.

You can follow Sarah Beckman on [Facebook](https://www.facebook.com/sarahbeckman), [Twitter](https://twitter.com/sarahbeckman14), and [Instagram](https://www.instagram.com/sarahbeckmanauthor/). You can also read more about her ministry at [www.sarahbeckman.org](http://www.sarahbeckman.org/) and more about her new release at [www.alongsidebook.com](http://www.alongsidebook.com/)  #alongsidebook